

START A NEW Holiday Tradition

This season, your family can have a happy, healthier holiday when you give the gift of healthy vision.

Encourage your loved ones to get a comprehensive dilated eye exam.

This sight-saving exam can detect eye diseases that cause vision loss and blindness—without any warning at all. Make a comprehensive dilated eye exam a healthy holiday tradition for your family.



Visit www.nei.nih.gov/healthyeyes



National Eye Institute



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